

# Community Living - Family Respite Program

## *What is Community Living Service Delivery?*

Community Living Service Delivery (CLSD) is a branch of the Ministry of Social Services. Branch staff work with people with intellectual disabilities and help them access a variety of community-based services.

CLSD staff work to ensure that the physical, emotional and social needs of people with intellectual disabilities are met and that they are able to live as independently as possible within their own communities.

## *What is respite?*

Respite is a temporary or short-term break from the daily responsibilities of caregiving for parents and guardians of children with intellectual disabilities. Respite can contribute to the improved physical, emotional and spiritual health and well-being of the caregiver.

## *What is a respite benefit?*

A respite benefit is an income-tested, monthly financial benefit provided to parents or guardians of a child with an intellectual disability. The purpose of the respite benefit is to allow parents to pay for short-term alternative or additional supervision and care of the child. This monthly benefit gives eligible families the freedom to plan and manage their respite supports.

## *Who is eligible to apply?*

To be eligible for the respite benefit, parents or guardians must:

- be residents of Saskatchewan; and
- have a child living in their family home who is under age 18, meets the eligibility requirements, and has been accepted for services provided by CLSD.

## *How do I apply?*

Parents or guardians who think they may be eligible for a respite benefit must:

- complete an application and sign a declaration indicating they will follow the Family Respite Program guidelines;
- take part in support-needs assessment of the child using the Daily Living Support Assessment (DLSA);
- take part in an assessment of the impact of the disability on the family unit using the Family Impact of Disability Assessment (FIDA);
- give permission to CLSD to electronically obtain Notice(s) of Assessment each year from Canada Revenue Agency.

### *How is the benefit determined?*

Benefits for each family are determined using completed assessments and income data.

Benefits will be issued within 60 business days after the completed application is received.

### *How are benefits paid?*

Benefits are paid monthly to eligible families.

To access benefits, families must agree to:

- an annual income test;

- report any change in circumstances;
- use the benefit for respite care;
- not pay themselves as parents or guardians or use the benefit for employment-related child care expenses; and
- take part in an annual review with the assigned CLSD Community Service Worker.



For further information, contact the Community Living Service Delivery office nearest you:

#### **Estevan**

306-637-4550

#### **La Ronge**

306-425-4552

#### **Lloydminster**

306-825-6410

#### **Meadow Lake**

306-236-7500

#### **Melfort**

306-752-6100

#### **Moose Jaw**

306-694-3800

#### **Nipawin**

306-862-1704

#### **North Battleford**

306-446-7705

#### **Prince Albert**

306-953-2668

#### **Regina**

306-787-3848

#### **Saskatoon**

306-933-6300

#### **Swift Current**

306-778-8219

#### **Weyburn**

306-848-2404

#### **Yorkton**

306-786-1300