

Checklist for Donning High Risk¹ Level PPE

Done ✓	
	1. Trained Observer (TO) is available and has changed into required PPE: (see Trained Observing Donning Sheet for details) a. Surgical gown, shoe covers, face shield and Extended length nitrile gloves
	2. TO is ready to monitor the steps of the PPE donning checklist and will assist healthcare worker (HCW) as required
	3. HCW has completed the following pre-donning activities: a. Changed from personal clothing to scrubs and washable footwear b. Removed all personal items (e.g., jewelry, watches, cell phones, pagers, pens, lanyards, stethoscopes) c. Signed into log book d. Hydrated and recently used the washroom e. Tied or pulled longer hair back f. Ensured all required PPE are available in the sizing appropriate for HCW fit
	4. Perform hand hygiene
	5. Put on boot covers – sit on clean chair or stool, if available a. Place boot cover on toes of foot and pull up leg
	6. Perform Hand Hygiene
	7. Put on N95 respirator: a. Place over the nose, mouth and chin b. Flexible nose piece is fitted over bridge of nose c. Secure on head with elastics: bottom elastic first at the base of the neck, then top elastic at the crown of your head d. HCW performs seal-check
	8. Put on inner gloves (regular or extended length nitrile)
	9. Put on surgical gown: a. Gown is securely fastened at the neck, waist and back using all Velcro/ties provided b. TO may assist with ties if required
	10. Put on apron if required: TO may assist with ties if required
	11. Put on surgical hood: a. Ensure hood fits over the N95 respirator and personal glasses if wearing b. Hood should cover all of the hair and the ears, and extend past the neck to the shoulders b. TO will check that hood completely covers the ears and neck area
	12. Put on face shield over the N95 respirator and surgical hood: a. Adjust to fit b. Ensure there is an overlap to protect the forehead
	13. Put on the outer 2 nd pair gloves: a. Long cuff nitrile gloves that fit over the cuff of the gown
	14. TO verifies that all pieces of PPE are in place and all skin areas are covered
	15. HCW reaches and bends over to ensure PPE stays in place while in motion

Date/Time _____ Healthcare Worker _____

Trained Observer _____

¹High risk symptoms: Bleeding or uncontrolled diarrhea or uncontrolled vomiting

High risk procedures: Aerosol generating medical procedures (AGMPs), CPR, central line insertion, procedures that result in copious amounts of body fluid contamination