# Directory of Mental Health and Addictions Services in Saskatchewan

April 2018



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#### **General Information**

With the transition to a single health authority, boundaries for health care services have been broken down and residents are welcome to seek services closest to their home community.

The following directory is organized by service, then alphabetically by community.

Note: Outpatient Services and detoxification are available through self-referral. Inpatient services require referral by an outpatient addictions or outpatient mental health councillor.

For more information on Addictions Services, visit:

http://www.saskatchewan.ca/residents/health/accessing-health-care-services/mental-health-and-addictions-support-services/alcohol-and-drug-support/alcohol-and-drug-services

For more information on Mental Health Services, visit:

http://www.saskatchewan.ca/residents/health/accessing-health-care-services/mental-health-and-addictions-support-services/mental-health-support/mental-health-services

# Addiction Services - Outpatient

Community	Facility	Address	Contact Information
Assiniboia	Addiction Services: Assiniboia Union Hospital	Box 1120, 501 – 6th Avenue East Assiniboia, SK S0H 0B0	Phone: 306-691-6464 Fax: 306-642-9459
Beauval	Beauval Health Centre	Lavoie St Beauval, SK S0M 0G0	Phone: 306-288-4800 Toll Free: 1-866-848-8022 Fax: 306-288-2225
Biggar	Biggar Hospital	501 1st Ave West Biggar, SK SOK 0M0	Phone: 1-866-268-9139 Fax: 306-948-3881
Birch Hills	Addiction Services Birch Hills Health Facility	3 Wilson Street Birch Hills, SK S0J 0G0	Phone: 306-749-3302 Fax: 306-749-2440
Black Lake	Youth Addiction Services Athabasca Health Facility	Box 124 Black Lake, SK S0J 0H0	Phone: 306-439-2649 Fax: 306-439-2079
Black Lake	Black Lake Health Centre	Box 162 Black Lake, SK S0J 0H0	Phone: 306-284-2020 Fax: 306-284-2036
Buffalo Narrows	Buffalo Narrows Health Centre	Box 40, 1491 Peterson Avenue Buffalo Narrows, SK SOM 0J0	Phone: 306-235-5800 Toll Free: 1-866-848-8011 Fax: 306-235-4500
Cabri	Prairie Health Care Centre	517 1st Street N Cabri, SK SON 0J0	Phone: 306-778-5280 Fax: 306-778-5408
Creighton	CADAC Outpatient Centre	430 Main St. Creighton, SK S0P 0A0	Phone: 306-688-8291 Fax: 306-688-3784
Cumberland House	Pine Island Building	Box 218, Cumberland Street Cumberland House, SK S0E 0S0	Phone: 306-752-8767 Fax: 306-752-8764
Eastend	Wolf Willow Health Centre	Box 490 555 Red Coat Drive Eastend, SK SON 0T0	Phone: 306-778-5280 Fax: 306-778-5408
Estevan	St. Joseph's Hospital	Box 5000 1176 Nicholson Road Estevan, SK S4A 2V6	Phone: 306-842-8665 or Toll free: 800-216-7689 Fax: 306-842-1261
Fond du Lac	Fond du Lac Health Centre	Box 280 Fond du Lac, SK S0J 0W0	Phone: 306-686-2003 Phone: 306-686-2077 Fax: 306-686-1863
Fort Qu'Appelle	Rural Addiction Services	Box 1819 Fort Qu'Appelle, SK S0G 1S0	Phone: 1-866-367-8743 Fax: 306-332-3322
Herbert	Herbert and District Integrated Health Facility	Box 520 405 Herbert Avenue Herbert, SK S0H 2A0	Phone: 306-778-5280 Fax: 306-778-5408

Hodgeville	Hodgeville Health Centre	Box 232	Phone: 306-778-5280
		105 Main Street Hodgeville, SK S0H 2B0	Fax: 306-778-5408
Hudson Bay	Hudson Bay Hospital	Box 940, 614 Prince	Phone: 306-752-8767
,	(for Porcupine Plain as well)	Street	Fax: 306-865-3425
		Hudson Bay, SK S0E	
		0Y0	
Humbolt	Humbolt District Health Complex	Box 1930	Phone: 306-682-5333
		515 – 4th Avenue	Fax: 306-682-4417
		Humbolt, SK S0K 2A0	
Ile A La Cross	St. Joseph's Hospital & Health Centre	Box 630	Phone: 306-833-2016
		Ile A La Cross, SK SOM	Toll free: 1-866-848-8299
	101 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1C0	Fax: 306-833-2556
Kindersley	Kindersley Health Facility	1003 1st Street West	Phone: 1-866-268-9139
17. 1.	ANCHE I I I I	Kindersley, SK S0L 1S0	Fax: 306-463-5520
Kipling	Willowdale Lodge	Box 420, 128 – 4th	Phone: 306-842-8665 or
		Street South	Toll free: 800-216-7689 Fax: 306-842-1261
Lalacha	La Lacha Haalth Cantra	Kipling, SK S0G 2S0	
La Loche	La Loche Health Centre	Box 89, La Loche Avenue	Phone: 306-822-3200 Toll Free: 1-888-688-7087
		La Loche, SK SOM 1G0	Fax: 306-822-2274
La Pongo	Addiction Services	Box 6000, 227	Phone: 306-425-4840
La Ronge	La Ronge Health Centre	Backlund Street	Fax: 306-425-8514
	La Konge Health Centre	La Ronge, SK S0J 1L0	Fax. 300-423-8314
La Ronge	Youth Mental Health & Addiction	Box 6000, 320	Phone: 306-425-4840
La Konge	Services	Boardman Street	Fax: 306-425-8570
	Kikinahk Friendship Centre	La Ronge, SK S0J 1L0	. a.m. 666 126 6616
	,		
Lanigan	Lanigan Integrated Hospital	Box 1060	Phone: 306-365-3400
· ·		36 Downing Drive	Fax: 306-365-2099
		Lanigan, SK SOK 2M0	
Leader	Leader Hospital	Box 129	Phone: 306-778-5280
		423 Main Street	Fax: 306-778-5408
		Leader, SK SON 1H0	
Lloydminster	Mental Health & Addictions Services	3830 – 43rd Avenue	Phone: 306-820-6250
		Lloydminster, SK S9V	Fax: 306-820-6256
		1Y3	
Maidstone	Community/Public Health Services	#8 – 120 – 1st Avenue	Phone: 306-893-4868
		West	Fax: 306-893-4488
		Box 629	
		Maidstone, SK S0M	
Mankota	Prairie View Health Centre	1M0	Phone: 306-778-5280
Mankota	Prairie view neattri Centre	Box 390 241 1st Avenue	Fax: 306-778-5408
		Mankota, SK SOH 2W0	Fax. 300-110-3408

Maple Creek Hospital	Box 1328 575 Hwy 21 South Maple Creek, SK S0N	Phone: 306-778-5280 Fax: 306-778-5408
		Fax: 306-778-5408
	Maple Creek, SK SON	
	1N0	
Mental Health & Addictions Services	#3 – 711 Centre Street	Phone: 306-236-1580
	Meadow Lake, SK S9X	Fax: 306-236-4409
	1E6	
Saul Cohen Centre		Phone: 306-728-7320
		Fax: 306-786-0556
	Melville, SK SOA 2P0	
	FH Wigmore Regional	Phone: 306-691-6464
(Outpatient and Day Program)	Hospital	Fax: 306-691-6461
	Moose Jaw, SK S6J	
	0C2	
Rural Addiction Services	Box 1819	Phone: 1-866-367-8743
	Fort Qu'Appelle, SK	Fax: 306-332-3322
	S0G 1S0	
Nipawin Hospital	Box 389, 800 – 6th	Phone: 306-752-8767
	Street East	Fax: 306-752-8764
	Nipawin, SK S0E 1E0	
Nokomis Health Centre	103 2nd Avenue East	Phone: 306-365-3400
	Nokomis, SK S0G 3R0	
Mental Health & Addictions Services	1092 – 107th Street	Phone: 306-446-6500
	North Battleford, SK	Fax: 306-446-7343
	S9A 1Z1	
Child and Youth Mental Health &	Don Ross Centre	Phone: 306-446-6555
Addiction Services	891 – 99th Street	Fax: 306-236-1400
	North Battleford, SK	
	S9A 1E9	
Outlook Health Centre	Box 369, 500 Semple	Phone: 1-866-268-9139
	Street	Fax: 306-867-2069
	Outlook, SK S0L 2N0	
Pinehouse Health Centre	Box 70	Phone: 306-884-5670
	Pinehouse, SK S0J 2B0	Fax: 306-884-5699
Ponteix Health Centre	Box 600	Phone: 306-778-5280
	428 2nd Avenue	Fax: 306-778-5408
	Ponteix, SK S0N 1Z0	
Addiction Services	101 – 15th Street East	Phone: 306-765-6550
	Prince Albert, SK S6V	Toll Free: 1-855-765-6550
	6G1	Fax: 306-765-6554
Cooperative Health Clinic	110 – 8th Street East	Phone: 306-763-6464
(Methadone Assisted Recovery	Prince Albert, SK S6V	Fax: 306-763-2207
Program)	0V7	
Métis Addiction Council of	334-19th Street East	Phone: 306-953-8250
Saskatchewan (MACSI)	Prince Albert, SK S6V	Toll Free: 1-866-722-2155
	Saul Cohen Centre  Mental Health and Addiction Services (Outpatient and Day Program)  Rural Addiction Services  Nipawin Hospital  Nokomis Health Centre  Mental Health & Addictions Services  Child and Youth Mental Health & Addiction Services  Outlook Health Centre  Pinehouse Health Centre  Ponteix Health Centre  Addiction Services  Cooperative Health Clinic (Methadone Assisted Recovery Program)	Saul Cohen Centre  Coutpatient and Addiction Services (Outpatient and Day Program)  Mental Health and Addiction Services (Outpatient and Day Program)  Firt Wigmore Regional Hospital Moose Jaw, SK S6J 0C2  Rural Addiction Services  Box 1819 Fort Qu'Appelle, SK S0G 1S0  Nipawin Hospital  Box 389, 800 – 6th Street East Nipawin, SK S0E 1E0  Nokomis Health Centre  103 2nd Avenue East Nokomis, SK S0G 3R0  Mental Health & Addictions Services  Mental Health & Addictions Services  Child and Youth Mental Health & Don Ross Centre 891 – 99th Street North Battleford, SK S9A 1E9  Outlook Health Centre  Box 369, 500 Semple Street North Battleford, SK S9A 1E9  Outlook Health Centre  Box 70 Pinehouse Health Centre  Box 600  428 2nd Avenue Ponteix, SK S0J 2B0  Ponteix Health Centre  Box 600  428 2nd Avenue Ponteix, SK SON 1Z0  Addiction Services  Cooperative Health Clinic (Methadone Assisted Recovery Program)  Mental Health Services  Mental Health Services Prince Albert, SK S6V 6V 0V7

Regina	Child & Youth Addiction Services	1680 Albert Street	Phone: 306-766-6700
		Regina, SK S4P 2S6	Fax: 306-766-6944
Regina	Addiction Treatment Centre (Adult)	1640 Victoria Ave	Phone: 306-766-6600
		Regina, SK S4P 0P7	Fax: 306-766-7970
Regina	Methadone Clinic	1048 Albert Street	Phone: 306-766-6350
		Regina, SK S4R 2P8	Fax: 306-766-7327
Regina	Métis Addiction Council of	329 College Avenue	Phone: 306-352-9601
	Saskatchewan (MACSI)	East	Toll-free: 1-866-815-6515
		Regina, SK S4N 0V9	Fax: 306-347-7902
Rosetown	Rosetown Health Centre	Box 1300, Hwy 4 North	Phone: 1-866-268-9139
		Rosetown, SK S0L 2V0	Fax: 306-882-6474
Rosthern	Rosthern Community Services	2014 – 6th Street	Phone: 306-232-6001
	,	Box 216	Fax: 306-232-4269
		Rosthern, SK S0K 3R0	
Sandy Bay	Outpatient Centre	Box 40	Phone: 306-754-5425
		Sandy Bay, SK S0P 0G0	Fax: 306-754-2048
Saskatoon	Adult Addiction Services	Suite 156, 122 – 3rd	Phone: 306-655-7777
Suskatoon	Sturdy Stone Building	Avenue N.	Fax: 306-655-4115
	Startay Storie Baltaning	Saskatoon, SK S7K	14% 300 333 1113
		2H6	
Saskatoon	Child & Youth Addiction Services	715 Queen Street, 2nd	Phone: 306-655-7777
Saskatoon	child & routh Addiction Services	floor	Fax: 306-655-4115
		Saskatoon, SK S7K 4X4	1 dx. 300-033-4113
Saskatoon	Methadone Clinic-Methadone	1611 20th Street West	Phone: 306-655-0480
Saskatoon	Assisted Recovery Services		Fax: 306-655-0459
	Assisted Recovery Services	Saskatoon, SK S7M 0Z7	rax. 500-055-0459
Saskatoon	Métis Addiction Council of	335 Avenue G South	Phone: 306-652-8951 or toll-
	Saskatchewan (MACSI)	Saskatoon, SK S7M	free 1-877-652-8951 Fax:
	, , ,	1V2	306-665-0703
Shaunavon	Shaunavon Hospital and Care Centre	Box 789	Phone: 306-778-5280
		660 4th Street East	Fax: 306-778-5408
		Shaunavon, SK S0N	
		2M0	
Shellbrook	Addictions Services	Box 70, 211 – 2nd	Phone: 306-747-4275
one was a series	Shellbrook Hospital	Avenue West	Fax: 306-747-3004
	Shettorook Hospitat	Shellbrook, SK S0J 2E0	1 dx. 300 1 11 300 1
Spiritwood	Spiritwood Health Complex	400 1st Street East	Phone: 306-883-4479
Spiritivood	Spiritwood rieditii complex	Spiritwood, SK S0J	Fax: 306-883-4440
		2M0	1 ax. 300-003-44-40
Strasburg	Strasburg and District	303 Edward Street	Phone: 306-365-3400
J		Strasburg, SK S0G 4V0	
Swift Current	Community Health Services	350 Cheadle Street	Phone: 306-778-5280
		West	Fax: 306-778-5408
		Swift Current, SK S9H	
	1	•	
		4G3	
Tisdale	Tisdale Hospital		Phone: 306-752-8767
Tisdale	Tisdale Hospital	4G3 Box 1630, 2010 – 110th Avenue West	Phone: 306-752-8767 Fax: 306-752-8764

Touchwood Qu'Appelle	Rural Addiction Services	Box 1819	Phone: 1-866-367-8743
		Fort Qu'Appelle, SK	Fax: 306-332-3322
		S0G 1S0	
Twin Valley	Rural Addiction Services	Box 1819	Phone: 1-866-367-8743
		Fort Qu'Appelle, SK	Fax: 306-332-3322
		S0G 1S0	
Unity	Unity and District Health Centre	Box 741, Airport access	Phone: 1-866-268-9139
		road	Fax: 306-228-2292
		Unity, SK S0K 4L0	
Wadena	Wadena Integrated Hospital	Box 10	Phone: 306-682-5333
		433 – 5th Street	
		Northeast	
		Wadena, SK S0K 4J0	
Wakaw	Wakaw Hospital	301 – 1st Street North	Phone: 306-233-4363
		Box 769	
		Wakaw, SK S0K 4P0	
Watrous	Watrous Hospital	704 – 4th Street East	Phone: 306-365-3400
		Watrous, SK S0K 4T0	
Weyburn	Community Health Services Building	Box 2003	Phone: 306-842-8665 or
		900 Saskatchewan	Toll free: 800-216-7689
		Drive	Fax: 306-842-1261
		Weyburn, SK S4H 2Z9	
Whitewood	Rural Addiction Services	Box 1819	Phone: 1-866-367-8743
		Fort Qu'Appelle, SK	Fax: 306-332-3322
		S0G 1S0	
Wynard	Wynard Hospital/Golden Acres	300 – 10th Street East	Phone: 306-365-3400
		Wynard, SK S0A 4T0	
Yorkton	Addiction Services	270 Bradbrooke Drive	Phone: 306-786-0558
		Yorkton, SK S3N 2K6	Toll-free: 1-888-989-8444
			Fax: 306-786-0556
Yorkton	Crisis Assessment Team (CAT)	270 Bradbrooke Drive	Phone: 306-786-0558
	Addiction Services	Yorkton, SK S3N 2K6	Toll-free: 1-888-989-8444
			Fax: 306-786-0556

# Addiction Services - Detoxification

Community	Facility	Address	Contact Information
Blackfoot	Thorpe Recovery Centre	Box 291	Phone: 780-875-8890
		Blackfoot, AB T0B 0LA	Fax: 780-875-2161
Ile A La Cross	Ile a La Crosse Family Healing Unit	Bag Services #630	Phone: 306-833-2462
		Ile A La Cross, SK S0M 1C0	Fax: 306-833-3020
La Loche	La Loche Family Healing Unit	Bag Services #1	Phone: 306-822-3224
		La Loche, SK SOM 1G0	Fax: 306-822-2274
La Ronge	La Ronge Health Centre	Box 6000, 227	Phone: 306-425-4846
Ŭ		Backlund Street	Fax: 306-425-1237
		La Ronge, SK S0J 1L0	
Meadow Lake	Robert Simard Detox Unit	Room 1210 #3 - 711	Phone: 306-236-1546
		Centre Street	Fax: 306-236-4409
		Northwest Health	
		Facility	
		Meadow Lake, SK S9X	
		1E6	
Moose Jaw	Wakamow Manor	200 Iroquois Street	Phone: 306-694-4030
		East	Fax: 306-694-4031
		Moose Jaw , SK S6H	
		4T3	
Prince Albert	Brief and Social Detox	Victoria Hospital Site	Phone: 306-765-6700
		1200 – 24th Street West	Fax: 306-765-6701
		Box 3000	
		Prince Albert, SK S6V	
		5T4	
Regina	Brief & Social Detox Centre	1640 Victoria Avenue	Phone: 306-766-6600
		Regina, SK S4P 0P7	
Regina	Secure Youth Detox Centre	Box 1452, Ritter	Phone: 306-787-1058
		Avenue & Toot Hill	Fax: 306-798-4307
Saskatoon	Social & Brief Detox	201 Avenue O South	Phone: 306-655-4195
		Saskatoon, SK S7M	Fax: 306-655-4196
		2R6	
Saskatoon	Calder Youth Stabilization (Youth,	2003 Arlington Avenue	Phone: 306-655-4526
	aged 12-17)	Saskatoon, SK S7J 2H6	Fax: 306-655-4527

### Addiction Services - Other

#### **Day Programs**

Community	Facility	Address	Contact Information
Moose Jaw	Mental Health and Addiction Services	FH Wigmore Regional Hospital Moose Jaw, SK S6J 0C2	Phone: 306-691-6464 Fax: 306-691-6461
Saskatoon	Métis Addiction Council of Saskatchewan (MACSI) (Adult)	335 Avenue G South Saskatoon, SK S7M 1V2	Phone: 306-652-8951 Toll-free 1-877-652-8951 Fax: 306-665-0703

#### **Group Programs**

Community	Facility	Address	Contact Information
La Ronge	La Ronge Health Centre	Box 6000, 227 Backlund Street	Phone: 306-425-4840 Fax: 306-425-8514
		La Ronge, SK S0J 1L0	

#### **Residential Services**

Community	Facility	Address	Contact Information
Blackfoot	Thorpe Recovery Centre	Box 291 Blackfoot, AB T0B 0L0	Phone: 780-875-8890 Toll Free: 877-875-8890 Fax: 780-875-2161
Blackfoot	Thorpe Recovery Centre – Harris House (Longer-term supportive transitional residential services for men)	Box 291 Blackfoot, AB T0B 0LA	Phone: 780-872-5582 Fax: 780-872-5583
Estevan	Community Supports Program	Box 5000 1176 Nicholson Road Estevan, SK S4A 2V6	Phone: 306-637-2420 or 306- 637-2757
North Battleford	Hopeview Residence (Long-term Residential Services)	1891 – 96th Street North Battleford, SK S9A 0J1	Phone: 306-446-7370 Fax: 306-445-0424

#### Stabilization

Community	Facility	Address	Contact Information
Prince Albert	Métis Addiction Council of	334-19th Street East	Phone: 306-953-8250
	Saskatchewan (MACSI) (Adult)	Prince Albert, SK S6V	Toll Free: 1-866-722-2155
		1J7	Fax: 306-953-8261

# Take Home Naloxone Program

For more information on Saskatchewan's Take Home Naloxone Program and a listing of locations where individuals can access a Naloxone kit, visit the following link: <u>Take Home Naloxone Kits (information and community locations) Fact Sheet</u>

# Mental Health Services - Outpatient

Community	Facility	Address	Contact Information
Black Lake	Athabasca Health Facility	Box 124 Black Lake, SK S0J 0H0	Phone: 306-439-2650 Fax: 306-439-2079
Black Lake	Black Lake Health Centre	Box 162 Black Lake, SK S0J 0H0	Phone: 306-284-2033 Fax: 306-284-2036
Fond du Lac	Fond du Lac Health Centre	Box 280 Fond du Lac, SK S0J 0WO	Phone: 306-686-2150 Fax: 306-686-2050
Hatchet Lake	Hatchet Lake Health Centre	Box 169 Hatchet Lake, SK SOJ 3C0	Phone: 306-633-2167 Fax: 306-633-2013
Cabri	Prairie Health Care Centre	Box 79 517 1 <sup>st</sup> Street N Cabri, SK S0N 0J0	Phone: 306-778-5280 Fax: 306-778-5408
Eastend	Wolf Willow Health Centre	Box 490 555 Red Coat Drive Eastend, SK S0N 0T0	Phone: 306-778-5280 Fax: 306-778-5408
Gull Lake	Gull Lake Special Care Centre	Box 539 751 Grey Street Gull Lake, SK S0N 1A0	Phone: 306-778-5280 Fax: 306-778-5408
Herbert	Herbert and District Integrated Health Facility	Box 520 405 Herbert Avenue Herbert, SK S0H 2A0	Phone: 306-778-5280 Fax: 306-778-5408
Hodgeville	Hodgeville Health Centre	Box 232 105 Main Street Hodgeville, SK S0H 2B0	Phone: 306-778-5280 Fax: 306-778-5408
Leader	Leader Hospital	Box 129 423 Main Street Leader, SK S0N 1H0	Phone: 306-778-5280 Fax: 306-778-5408
Mankota	Prairie View Health Centre	Box 390 241 1 <sup>st</sup> Avenue Mankota, SK S0H 2W0	Phone: 306-778-5280 Fax: 306-778-5408
Maple Creek	Maple Creek Hospital	Box 1328 575 Hwy 21 South Maple Creek, SK SON 1N0	Phone: 306-778-5280 Fax: 306-778-5408
Ponteix	Ponteix Health Centre	Box 600 428 2 <sup>nd</sup> Avenue Ponteix, SK S0N 1Z0	Phone: 306-778-5280 Fax: 306-778-5408

Shaunavon	Shaunavon Hospital and Care Centre	Box 789 660 4th Street East	Phone: 306-778-5280 Fax: 306-778-5408
		Shaunavon, SK S0N 2M0	
Swift Current	Community Health Services	350 Cheadle Street West Swift Current, SK S9H 4G3	Phone: 306-778-5280 Fax: 306-778-5408
Moose Jaw	Mental Health and Addiction Services	FH Wigmore Regional Hospital Moose Jaw, SK S6J 0C2	Phone: 306-691-6464 Fax: 306-691-6461
Biggar	Biggar Hospital	Box 130, 501 1 <sup>st</sup> Ave West Biggar, SK S0K 0M0	Phone: 1-866-268-9139 Fax: 306-948-3881
Kindersley	Kindersley Health Facility	1003 1 <sup>st</sup> Street West Kindersley, SK S0L 1S0	Phone: 1-866-268-9139 Fax: 306-463-5520
Outlook	Outlook Health Centre	Box 369, 500 Semple Street Outlook, SK S0L 2N0	Phone: 1-866-268-9139 Fax: 306-867-2069
Rosetown	Rosetown Health Centre	Box 1300, Hwy 4 North Rosetown, SK SOL 2V0	Phone: 1-866-268-9139 Fax: 306-882-6474
Unity	Unity and District Health Centre	Box 741, Airport access road Unity, SK S0K 4L0	Phone: 1-866-268-9139 Fax: 306-228-2292
Beauval	Beauval Health Centre	Box 68 Beauval, SK SOM 0G0	Phone: 306-288-4800 Toll Free: 1-866-848-8022 Fax: 306-288-2225
Buffalo Narrows	Buffalo Narrows Health Centre	Box 40 Buffalo Narrows, SK S0M 0J0	Phone: 306-235-5800 Toll Free: 1-866-848-8011 Fax: 306-235-4500
Ile A La Cross	St. Joseph's Hospital & Health Centre	Box 630 Ile A La Cross, SK SOM 1C0	Phone: 306-833-2016 Toll Free: 1-866-848-8299 Fax: 306-833-2556
La Loche	La Loche Health Centre	Box 89, La Loche Avenue La Loche, SK S0M 1G0	Phone: 306-822-3200 Toll Free: 1-888-688-7087 Fax: 306-822-2274
Hudson Bay  (for Porcupine Plain as well)	Hudson Bay Hospital	Box 940, 614 Prince Street Hudson Bay, SK S0E 0Y0	Phone: 306-752-8767 Fax: 306-865-3425
Nipawin	Nipawin Hospital	Box 389, 800 – 6 <sup>th</sup> Street East Nipawin, SK S0E 1E0	Phone: 306-752-8767 Fax: 306-752-8764
Tisdale	Tisdale Hospital	Box 1630, 2010 – 110 <sup>th</sup> Avenue West Tisdale, SK S0E 1T0	Phone: 306-752-8767 Fax: 306-752-8764

Creighton	Creighton Community Health	298 – 1 <sup>st</sup> Street East	Phone: 306-688-8620
	Services	Creighton, SK	
La Ronge	La Ronge Health Centre	Box 6000, 227	Phone: 306-425-4840
		Backlund Street	Fax: 306-425-8514
		La Ronge, SK S0J 1L0	
La Ronge	Youth Mental Health & Addiction	Box 6000, 320	Phone: 306-425-4840
-	Services - Kikinahk Friendship	Boardman Street	Fax: 306-425-8570
	Centre	La Ronge, SK S0J 1L0	
Pinehouse	Pinehouse Health Centre	Box 70	Phone: 306-884-5670
		Pinehouse, SK S0J 2B0	Fax: 306-884-5699
Sandy Bay	Outpatient Centre	Box 40	Phone: 306-754-5404
, ,	'	Sandy Bay, SK S0P 0G0	Fax: 306-754-2048
Lloydminster	Mental Health & Addictions Services	3830 – 43 <sup>rd</sup> Avenue	Phone: 306-820-6250
Lioyammoter	Meritat reattir a riadictions services	Lloydminster, SK S9V	Fax: 306-820-6256
		173	1 dx. 300 320 3230
Meadow Lake	Mental Health & Addictions Services	#8 – 711 Centre Street	Phone: 306-236-1580
Meddow Lake	Meritat reattir a riadictions services	Meadow Lake, SK S9X	Fax: 306-236-1400
		1E6	1 dx. 300 230 1 100
North Battleford	Battlefords Mental Health Centre	1092 – 107 <sup>th</sup> Street	Phone: 306-446-6500
North Battleford	Dattierords Merital Fredien Centre	North Battleford, SK	Fax: 306-446-6546
		S9A 1Z1	1 ax. 300-440-0540
North Battleford	Child and Youth Mental Health &	891 – 99 <sup>th</sup> Street	Phone: 306-446-6555
North Dattleford	Addiction Services - Don Ross	North Battleford, SK	Fax: 306-236-1400
	Centre	S9A 1E9	Fax. 300-230-1400
Birch Hills	Mental Health Services - Birch Hills	3 Wilson Street	Phone: 306-749-3302
Directificity	Health Facility	Birch Hills, SK S0J 0G0	Fax: 306-749-2440
Prince Albert	Mental Health Services		Phone: 306-765-6055
Prince Albert	Mental Health Services	Victoria Square 2345 10 <sup>th</sup> Avenue	
		South	Toll Free:1- 888-765-6055
			Fax: 306-765-6349
Calabana	Codinitaria a della althe Communicati	Prince Albert, SK	Db 200 002 4402
Spiritwood	Spiritwood Health Complex	400 1st Street East	Phone: 306-883-4462
		Spiritwood, SK S0J	Fax: 306-883-4440
		2M0	
Fort Qu'Appelle	Rural Mental Health Services	Box 1819	Phone: 1-866-367-8743
		Fort Qu'Appelle, SK	Fax: 306-332-3322
		S0G 1S0	
Touchwood Qu'Appelle	Rural Mental Health Services	Box 1819	Phone: 1-866-367-8743
		Fort Qu'Appelle, SK	Fax: 306-332-3322
		S0G 1S0	
Twin Valley	Rural Mental Health Services	Box 1819	Phone: 1-866-367-8743
		Fort Qu'Appelle, SK	Fax: 306-332-3322
		S0G 1S0	
Moosomin/Whitewood	Rural Mental Health Services	Box 1819	Phone: 1-866-367-8743
		Fort Qu'Appelle, SK	Fax: 306-332-3322
		S0G 1S0	
Regina	Regina Adult Mental Health Clinic	3 <sup>rd</sup> Floor, 2110	Phone: 306-766-7800
5		Hamilton Street	Fax: 306-766-7811
		Regina, SK S4P 2E3	

Regina	Child & Youth Mental Health	1680 Albert Street	Phone: 306-766-6700
	Services	Regina, SK S4P 2S6	Fax: 306-766-6944
Regina	Randall Kinship Centre	1680 Albert Street Regina, SK S4P 2S6	Phone: 306-766-6780
Humbolt	Humbolt District Health Complex	Box 1930 515 – 4 <sup>th</sup> Avenue	Phone: 306-682-5333 Fax: 306-682-4417
Lanigan	Lanigan Integrated Hospital	Box 1060 36 Downing Drive Lanigan, SK S0K 2M0	Phone: 306-365-3400 Fax: 306-365-2099
Nokomis	Nokomis Health Centre	103 2 <sup>nd</sup> Avenue East Nokomis, SK S0G 3R0	Phone: 306-365-3400
Rosthern	Rosthern Community Services	2014 – 6 <sup>th</sup> Street Box 216 Rosthern, SK S0K 3R0	Phone: 306-232-6001 Fax: 306232-4269
Saskatoon	Adult Mental Health Services - Sturdy Stone Building	Suite 156, 122 – 3rd Avenue N. Saskatoon, SK S7K 2H6	Phone: 306-655-7777 Fax: 306-655-4115
Saskatoon	Child & Youth Mental Health Services	715 Queen Street, 2nd floor Saskatoon, SK S7K 4X4	Phone: 306-655-7777 Fax: 306-655-4115
Strasburg	Strasburg and District	303 Edward Street Strasburg, SK S0G 4V0	Phone: 306-365-3400
Wadena	Wadena Integrated Hospital	Box 10 433 – 5 <sup>th</sup> Street Northeast Wadena, SK S0K 4J0	Phone: 306-338-9950
Wakaw	Wakaw Hospital	301 – 1 <sup>st</sup> Street North Box 769 Wakaw, SK SOK 4P0	Phone: 306-233-4363
Wynard	Wynard Hospital/Golden Acres	300 – 10 <sup>th</sup> Street East Wynard, SK S0A 4T0	Phone: 306-365-3400
Arcola	Arcola Health Centre	Box 419 Arcola, SK S0C 0G0	Phone: 306-842-8665 or Toll free: 800-216-7689 Fax: 306-842-1261
Estevan	St. Joseph's Hospital	Box 5000 1176 Nicholson Road Estevan, SK S4A 2V6	Phone: 306-842-8665 or Toll free: 800-216-7689 Fax: 306-842-1261
Kilpling	Willowdale Lodge	Box 420, 128 – 4 <sup>th</sup> Street South Kilpling, SK SOG 2S0	Phone: 306-842-8665 or Toll free: 800-216-7689 Fax: 306-842-1261
Weyburn	Community Health Services Building	Box 2003 900 Saskatchewan Drive Weyburn, SK S4H 2Z9	Phone: 306-842-8665 or Toll free: 800-216-7689 Fax: 306-842-1261

Yorkton	Mental Health Services	270 Bradbrooke Drive	Phone: 306-786-0558
		Yorkton, SK S3N 2K6	Toll-free: 1-888-989-8444
			Fax: 306-786-0556

### Mental Health Services – Other Services

#### **Group Program**

Community	Facility	Address	Contact Information
La Ronge	La Ronge Health Centre	Box 6000, 227 Backlund Street La Ronge, SK S0J 1L0	Phone: 306-425-4840 Fax: 306-425-8514

# Additional Information and Resources Addictions

http://www.saskatchewan.ca/residents/health/accessing-health-care-services/mental-health-and-addictions-support-services/alcohol-and-drug-support/alcohol--drug-and-addictions-resources

#### Mental Health

http://www.saskatchewan.ca/residents/health/accessing-health-care-services/mental-health-and-addictions-support-services/mental-health-support/mental-health-and-illness

http://www.saskatchewan.ca/residents/health/accessing-health-care-services/mental-health-and-addictions-support-services/mental-health-support/seeking-professional-help