

Healthy Foods for my School

Nourishing Minds

Who

Students, staff, parents and community.

What

Working together to offer healthy foods and beverages.

When

All the time – each and every day.

Where

Anywhere foods or beverages are sold or offered.

Why

To support learning, growth and health.

Choose Most Often



Choose Sometimes



For more information:

www.healthcanada.gc.ca/foodguide
www.saskatchewan.ca

