# Healthy Foods for my School

## Nourishing Minds

#### Who

Students, staff, parents and community.

#### What

Working together to offer healthy foods and beverages.

#### When

All the time – each and every day.

#### Where

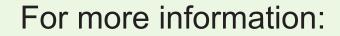
Anywhere foods or beverages are sold or offered.

### Why

To support learning, growth and health.

brown and wild rice









2%, 1% or skim milk

